

ART ON THE SPECTRUM



Term 3 & 4, 2012

Therapeutic art-making groups for children with ASD



Who:

Six children on the Autism Spectrum, aged between 7 & 10

What:

A series of group art-making sessions facilitated by two Arts Therapists, involving group games, individual and group art-making activities, social time (fruit break) as well as end of session discussions and exhibitions.

Why:

Therapeutic art-making in groups can increase self-esteem, confidence, positive self-identity and effective self-expression. It can also help develop communication and social skills, artistic/fine motor skills, task engagement, sensory regulation, imaginative thinking *and* be lots of fun! This programme will provide a safe and supportive environment, specifically tailored to the individual needs and abilities of each child in the group.

Where: Spark Centre of Creative Development:
Rocky Nook Ave, St Lukes Auckland

When: Wednesdays 4:00pm–5:30pm

Cost: \$150 per term, including a 45 minute individual pre-assessment on

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