

Vision

Disabled people and their families are able to lead the lives they desire.

Core Value

Respecting and supporting choice

Mission

To empower disabled people and their families through leading social change.

CONTENT

- Seminars/training
- Upcoming events
- Notices



SEMINARS/TRAINING

Supported Living Seminar

The Renaissance Group is delighted to be hosting a free seminar on Supported Living. This is ideally suited to people who are searching for support options in the community for themselves or for friends and family members, which will encourage them to pursue ordinary roles in community life in spite of their disability. 18th October, 10.30–12.30 in Henderson. [Click here](#) to view the flier or contact Diane Morris 250 4346 diane.m@ren2001.co.nz

Leading Community Action 2 day Workshop October 2012

This workshop aims to enhance participant's ability to create, lead and facilitate social change opportunities for the benefit of disabled people in their local community. The workshop will provide a simple framework for making social change, a process for moving from an idea to action and covers key leadership skills and techniques for working with groups to bring about action. The workshop will draw heavily on participants actual change experiences and encourage a sharing of thinking between participants. The emphasis is on practical tools that will link theory to practical reality. 25-26 October. [Click here](#) for full details and [here](#) for the registration form.

F.A.N.Z - Framework for Autism NZ

This is a 2 day introductory programme that enables participants to create a framework for understanding and supporting a person on the Autism Spectrum. Components include; Understanding Autism; Communication; Pivotal Capacities for Later Learning; Visual Support Strategies; Scaffolding for Learning; Stories for Understanding; Using the Autism NZ Seesaw; and Behaviour Management. [Click here](#) for the leaflet/expression of interest form. Monday 15th and Tuesday 16th October 2012 at 642 New North Road, Mt Albert 1022. Facilitators: Neil Stuart and Tanya Catterall. Cost: \$250 per person (inc. GST) for 2 days or \$220 for members of Autism NZ. Groups may be eligible for a discount. Contact Pat Gluck on pat.gluck@autismnz.org.nz or 04 470 7616

NZQA Certificate in Peer Support (Mental Health) (Level 4)

The Certificate in Peer Support (Mental Health) Level 4 is an NZQA approved course developed specifically for Peer Support Workers to meet the needs of their role. The challenges of Peer Support are unique. You are required to bring elements of deeply personal experience into a professional setting, and to make difficult decisions on a regular basis about how best to promote recovery. The Certificate in Peer Support ensures you are fully equipped to rise to these challenges, and become great Peer Support Workers. Starts 31st October. For more information contact: Nicky Grant nicky@mindandbody.co.nz 09 6305909 ext. 803 or visit our website www.mindandbody.ac.nz. [Click here](#) to view the flier and for information on how to apply for a scholarship.

Spark Centre – Open Day and Workshops

Get along to the Spark Centre open day on Saturday 29th September from 10-2pm. Great art-work for sale, sausage sizzle and much more. [Click here](#) to view the flier.

Spark Centre have lots of exciting Art workshops running: [Click here](#) to see the flier for an all-inclusive Kids Open Art Studio for children of all abilities – great for families, and [click here](#) for the Art on the Spectrum flier for therapeutic art making groups for children on the spectrum. [Click here](#) for Open Studio in Visual Arts for adults (Contact Abi for a free trial session!) and [click here](#) for Draw to Print. Contact Abi Raymond on 09 845 5361 or abi@sparkcentre.org.nz. [Click here](#) to view Spark Centre's Winter 2012 newsletter.

Occupational Therapy Aquatic

Occupational Therapy sessions at the Tepid Baths. Over the course of 10 weeks the therapists will coach the children and their parents/caregivers, in at least 10 water-based techniques, to help the children to integrate and modulate their sensory systems and to further develop their motor planning and coordination. Begins 19th October. [Click here](#) for more information including times, cost and who to contact.

Mate's Place Martial Arts and Holiday Programmes

Martial Arts - Over the course of 10 sessions, participants will learn to incorporate into their daily activities, enhanced body control, improved communications skills, improved ability to control emotional outbursts and breathing techniques to improve personal resilience and regulation. Commences 17th October. [Click here](#) for all the details.

[Click here](#) to view the flier for the upcoming holiday programme or contact Carolyn Lotawa 021 469 587

Making Step Families Work

6 weeks to strengthen your step-family. This programme allows the adults of new step families to explore and share their journey with others. A fun, interactive, challenging process that allows couples to strengthen their relationship in a safe manner. Begins 1st November in Albany. [Click here](#) for more details.

UPCOMING EVENTS

Consultation on Payment for Family Carers

[Click here](#) to see the letter from Don Gray of Ministry of Health explaining the consultation and [click here](#) to view the dates and locations of workshops (Auckland 10th October).

Polkadots Concert and End of Year Party

Saturday 29th September. Drop off at 9am (venue to be advised) – once adorned with polkadots and glow sticks we will make our way to the Polkadots concert. From there to McDonalds for lunch and playground. Pick up at 2pm. Carer support accepted as part payment. [Click here](#) for all the details. Contact Diana at specialkidsare1@xtra.co.nz or 021 382 000

A Chance to Promote Your Organisation!

InterACT 2012 is an exciting disability arts festival taking place 25th - 27th October on the sunniest and driest week in the year! It will provide three days of arts activities for people of all abilities with the opportunity to showcase talent on stage at Corbans Estate Arts Centre. With 8 weeks to go we are putting the finishing touches on a programme that includes performances by Touch Compass and Sarah Houbolt, a dizzying array of workshops in belly dancing, hip hop, hula hooping and mask making with singing pirates and clown doctors thrown in for good measure. We are offering an opportunity for organisations who work in and with the disability sector to promote their services and goods as part of our **mini-expo**. Each participant will have a space to set up a display right opposite the main doors to the central performance and workshop area. You can bring a marquee, a van or a table and signage, offer free trials, promotions or competitions. And it is only \$100 for the whole three days! *Space is limited so take advantage of this opportunity by emailing Richard Green, Project Manager, on interactfestivalnz@gmail.com*

PHAB's 40th Ruby Ball

You are cordially invited to the PHAB 40th Year Reunion Ball! Saturday 13th October, 7pm-11pm at the Ellerslie Convention Centre, Auckland. \$60 per person – (payment required by 28th September). Transport pick up points available. [Click here](#) to see the flier.

ASD Family Forums

Disability Support Services (MOH) and Altogether Autism invites you to ASD Family Forums to update you on: ASD behaviour support, "Growing up with Autism" a twenty week intervention for parents of adolescents with autism, and a proposal on how the Ministry plans to help full time carers find relief carers. [Click here](#) to see the Auckland dates and more information.

L.E.A.P – Supporting a Family Member with Mental Illness?

Enhance your communication skills and transform your relationships. L.E.A.P – Listen, Empathise, Agree, Partner. One day training workshop for family/whanau. L.E.A.P shows you how to quickly build trust with someone you are in conflict with. [Click here](#) to view the flier for Otahuhu 4th October and [click here](#) to view the flier for Kingsland 27th September. Cost \$435 per person. To register email or phone: admin@sfauckland.org.nz 09 378 9134 or go to www.sfauckland.org.nz to find your nearest workshop.

Get bored on a Thursday? Come and see the crew at In2It

Join the in2it Street Crew for some awesome fun, games and new and exciting challenges for everyone. Every week a new module of activity. Every Thursday 10am–1pm, North Shore Events Centre, Argus Place, Hillcrest. For more information please check the [In2It Website](#). [Click here](#) for the flier. Proudly supported by PHAB and the PHAB staff. See you there. Come down and check us out.

Roll Up & Rally – Wheel Chair Tennis

[Click here](#) to see the flier for the Roll Up and Rally Free Open Day. You don't need to usually use a wheelchair to play. Tues 23rd October, 4-6pm in Forest Hill, North Shore. Call Chris Smith at Halberg Trust on 579 9931.

Janet McVeagh Recreation

[Click here](#) for upcoming programmes and [click here](#) for the Individual Information form. Alternatively contact Kerrie O'Hara on 021 211 9882 or at jm.recreation@ihug.co.nz Also [click here](#) for the Winter – Have a Go camp.

World of Wearable Arts

Creative Abilities are holding a "Wearable Art Show", this Gala event is on Friday 19th October 2012 at Spencer on Byron, Takapuna from 6pm onwards. Tickets: \$80 p/person. Dress: Formal. An event not to be missed, enjoy a scrumptious buffet dinner, the Amazing Wearable Art show is presented by our talented designers who have created all garments, followed by an art auction, lots of dancing and music to end the night. Come on your own or get a party together for a fun night out. Tickets now available at Creative Abilities 09 4440608. [Click here](#) to view the poster.

Recreate

[Click here](#) to check out Recreate's range of Programmes for youth with disabilities and [click here](#) for their latest newsletter.

NOTICES

Occupational Therapy

Child's Play OT is able to offer assistance to both adults and children/adolescents through different therapy approaches, such as Sensory Integration Therapy. Services are often carried out in weekly sessions at our practice, using specialised equipment to focus on child and family centred goals. Less frequent consultations are also available. [Click here](#) to see the Child's Play brochure or call 630 9314 or visit www.childsplayot.co.nz

Noah's Autism Ark

Visit this new website for all sorts of products for children with Autism. From sleep sacks to clothes to educational toys to flash cards and so much more. Visit www.noahsautismark.co.nz

Masada Holiday and After School Care

Masada are offering respite and holiday care where MOH funding is accepted. [Click here](#) for the flier. Call 576 5229 or email masada.c@xtra.co.nz

Introducing Scout Crawler by Ottobock

On sand, snow, gravel and mud, the ScoutCrawler offers unimagined freedom of movement for users of manual wheelchairs. [Click here](#) to see a picture, and see how to register to test it out.

Y-Stars Dance Therapy

Y-Stars Dance Therapy for children on the Autism spectrum is back for term 4. [Click here](#) to view the flier or contact Anaia on 021 184 9676 or email info@anaiatreefoot.org.nz

One Off Offer! 4 Days Left!

DRC are taking offers for a reclining day chair – offer ends 28th September. [Click here](#) to see pictures and the flier. Contact Julianne at DRC on 0800 625 100 or 625 0311 Email julianne@disabilityresource.org.nz

Furniture Needed

Refugee Services need furniture for refugee families who are moving into their first Auckland home on the 5th October. [Click here](#) to see what is needed and how you may be able to help.

Support Group for Bereaved Parents

The Grief Centre is running an eight week group for parents who have experienced the death of a child of any age. The death may have been health related, accidental, or by any other means. The group is being facilitated by qualified and experienced counsellors. Each week you will look at different aspects of the grief and loss experience, giving you the opportunity to talk about your loss, and reflect on the changes this has brought to your life. With this may come new understanding of what has happened to you and ways to adjust to this huge loss. Tuesdays 7-9pm, starting 2nd October 2012. Pt Chevalier Community Centre, 18 Huia Rd, Pt Chev. A contribution of \$10 where possible would be appreciated. [Click here](#) to view the flier.

Gain Entry Level Office Experience

Christian Blind Mission has an internship announcement for tertiary students with disabilities looking to gain entry level experience in an office setting. [Click here](#) for the job description. Applications open until 1st October 2012.

Resources for Dads

SKIP have some great new resources for Dads. Check them out on their [website](#).

Auckland Down Syndrome Association (ADSA) E-update Sept 2012

[Click here](#) to view. Featuring; ADSA volunteer wanted; The Wind in the Willows free tickets; Farmers Santa Parade and much more.

Boccia

[Click here](#) to view the latest Boccia: Get Rolling Newsletter, Issue 15. Individual membership (players and associates – [click here](#)) and club affiliation (schools and groups – [click here](#)) are now available for the 2012 - 2013 year.

Altogether Autism Spring Journal 2012

[Click here](#) to view. Featuring Asperger's and Relationships, Seeking a Mate, Effective Strategies for Families, Making Friends....Using Social Stories and much more.

Special Bees Playgroup

A playgroup for children with special needs aged 0-5 and their siblings. Go along to have fun with toys, games and sensory toys. Every 2nd and 4th Monday of the month from 9.30-11.30am on the North Shore. Cost is \$3 per family which includes tea/coffee/morning tea for parents/caregivers. [Click here](#) for more information and contact details.

Children's Autism Foundation

[Click here](#) to see the latest news from the Children's Autism Foundation including the Go4It and Get2It Programmes.

Be.Change Behavioural Services

[Click here](#) to view the Be.Change website. Erika Ford and Jenna Penman from Be.Change provide evidence based behavioural services for individuals such as ABA (Applied Behaviour Analysis) therapy.

ASD Basketball

HOT OFF THE PRESS - GREAT NEWS FOR WEST AUCKLAND

"Kiwi Sport" has taken on ASD Kids Basketball for Sunday's in the West – estimated start date is the first Sunday in September 2012. ASD Kids Community Charitable Trust runs successful and popular basketball training at Breakers Gymnasium on the North Shore and in South Auckland. Check the ASD Kids Charitable Trust website www.asdkidstrust.com for further info regarding classes/locations and other activities. Also see the website for other basketball notices and information on a Donna Gates seminar. Alternatively contact Mary Henderson at maryhenderson2@me.com

Toyota Mobility

Are you looking for a vehicle that can support an independent lifestyle??? North Shore Toyota is quickly becoming known as the home for sourcing vehicles that meet both lifestyle and need. Whether it's purchasing a car that has a push to start button due to the onset of arthritis (making it tough to turn a key) through to a fully re-fit to occupy both driver and wheelchair North Shore Toyota provides the ultimate car buying experience if an off the-shelf vehicle does not quite tick all your boxes. YesDisability are proud to have an association with Toyota Mobility as they work to eliminate a disabling car buying experience. For more information on the awesome Toyota Mobility check out their website today www.toyotamobility.co.nz or [click here](#) to watch Cam Calkoen take you through it.

Office Space Available at Parent & Family Resource Centre

The Parent & Family Resource Centre has an office for rent at our premises 92A Princes Street, Onehunga. We are a not-for-profit Disability Information Advisory Service, contracted to operate throughout Auckland - north to Warkworth and south to Waiuku. Currently, some of our tenants include organisations working in the health/disability sector but this is not a requirement. The available office is upstairs (sorry, no lift) and would comfortably fit 2 workstations. Some utilities here at PFRC are shared such as kitchen/toilet facilities, internet access, phone system, photocopier, board room and mail delivery/postal service. We have ample free street parking and are located within walking distance to Onehunga Mall. The Onehunga train station is close by. Please contact Lisa 636 0351 or lisa@pfrc.org.nz if you would like further information.

From the PFRC Team



Lisa, Melissa and Virginia

www.pfrc.org.nz

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