



Parent to Parent Auckland  
ENews  
26 September 2012

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### **ASD FAMILY FORUMS**

Just a reminder about the ASD Family Forums next week, Monday 1<sup>st</sup> October 7pm and Tuesday 2<sup>nd</sup> October 10am both at the Wilson Centre, 1 St Leonards Rd, Belmont, Takapuna

Disability Support Services (Ministry of Health) invite you to come along to update you on ASD Specific Behaviour Support, Growing up with Autism – a Twenty Week Intervention for parents of adolescents with autism and also a proposal on how the Ministry plans to help full time carers find relief carers. Then Ministry wants to hear what sort of ASD short break or respite might best suit your family.

If you have a child or family member with ASD, this is your opportunity to give your opinions, views or suggestions.

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### **PARENTING THROUGH SEPARATION PROGRAMME**

This programme is funded by the Ministry of Justice for parents who are separated, considering separation or in the process of separating.

The programme is intended to provide advice to parents so they can manage the effect of separation on their children. It is structured to help parents recognise their children's needs and how to communicate and behave with each other and their children to ensure the best outcome for the kids.

WHEN: split into two parts –  
Part 1: Wednesday 17th October, from 9.30am - 11.30am  
Part 2: Wednesday 24th October, from 9.30am - 11.30am

WHERE: Venue; 539 Albany Highway, Albany (opposite Albany Senior High School)  
COST : Free  
CONTACT: Tania or Alessandra on 09 448 2633 or  
email [waitakere@northern.familyworks.org.nz](mailto:waitakere@northern.familyworks.org.nz)

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### **GOING BANANAS PANTOMIME STAGE SHOW**

This is a pantomime variety show set in the jungle which follows the quirky antics of Hillman the Hunter as he searches for the elusive banana thief. With magic and circus skills incorporated throughout the story it should be a fun evening for all the family.

WHEN: 6.00pm 18<sup>th</sup> October 2012

WHERE: Birkenhead College  
140 Birkdale Rd, Birkenhead, Auckland

COST: Free to special needs and disadvantaged children and families

CONTACT: Marie or June 09 625 5021 or email [Auckland@parent2parent.org.nz](mailto:Auckland@parent2parent.org.nz) as soon as possible as tickets numbers are very limited. TICKETS GIVEN ON A FIRST COME FIRST SERVE BASIS. Please include name, number of tickets required and address (including postcode) to send tickets to.

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### **SUPPORTED LIVING SEMINAR**

Renaissance Group's seminar to raise awareness of community living options for people with lifestyle challenges. Suitable for people who are searching for support options in the community for themselves or for friends and family members, which will encourage them to pursue ordinary roles in community life, in spite of their disability.

WHERE: 1st Floor, Large Kitchen Room, West Wave Aquatics & Recreation Centre  
20 Alderman Drive, Henderson

WHEN: 18<sup>th</sup> Oct 2012

COST: Free

CONTACT: Diane Morris on 09 250 4346 or [diane.m@ren2001.co.nz](mailto:diane.m@ren2001.co.nz)

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### **TRANSITIONING TO INTERMEDIATE OR HIGH SCHOOL**

Transitioning to a new school or new year can be quite overwhelming for our children. Children's Autism Foundation is running this workshop covering:

- How to manage new expectations and routines
- How to teach organisational and study skills to your child
- How to teach your child to work in a group
- How to create and maintain a positive relationship with school

WHEN: October 18, 2012 @ 7:00 pm - 9:00 pm

WHERE: Grey Lynn Community Centre, 510 Richmond Rd, Grey Lynn, Auckland 1021

COST: Gold coin donation

CONTACT: Veronique Manti, 09 555 0966 or [events@autism.org.nz](mailto:events@autism.org.nz)

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### **FEEL GOOD DAY FOR MUMS**

Join other mums for a day of fun and treats. Morning tea, lunch, a goodie bag, surprise activities and a craft session. This is an All About YOU Day! Join in or curl up with a book, sit in the sun or go for a beach walk. You can do whatever you like. Limited Spaces!

WHEN: 17 October 9.30am - 2.30pm

WHERE: Vaughan Park Retreat Centre, 1034 Beach Road, Long Bay

COST: Free. Wilson Home Trust sponsors this event.

CONTACT: Glenda 09 488 0126 or email her: [glenda@wilsonhometruster.org.nz](mailto:glenda@wilsonhometruster.org.nz)

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## **PAYMENT FOR CARERS CONSULTATION**

The consultation is now open, and continues through early November. The consultation documentation is on our Parent to Parent website. To have your say about whether and how family carers should receive payment, you can:

- Attend one of the consultation meetings being held in October; learn more about these at <http://www.health.govt.nz/publication/consultation-paying-family-carers-provide-disability-support-2012>
- Complete the online survey <http://www.surveymonkey.com/s/familycarersconsult>
- Send an email or letter to the Ministry: [familycarersconsult@moh.govt.nz](mailto:familycarersconsult@moh.govt.nz) or post your letter to Family Carers Consultation, Ministry of Health, PO Box 5013, Wellington 6145

The consultation is your opportunity to tell the Government whether you think having payment is fair, and how your work might be recognised (through formal employment, for example, or by receiving an allowance).

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## **MARTIAL ARTS PROGRAM**

Participants: Children aged 6-12 years with moderate needs

Program aim: To provide participants with an enjoyable occupational therapy adapted martial arts program that will improve body awareness, strength, co-ordination, balance, visual and auditory integration, personal resilience and social / emotional regulation.

Each participant will also have individual goals.

WHEN: : Every Wednesday for 10 weeks, commencing 17th October 2012 Time: 4pm – 5pm  
WHERE: Shane Cameron Fitness Centre, 129 Onewa Rd, Northcote  
COST: \$20 (incl GST) per child per session (\$200 incl GST for 10 week program).  
CONTACT: Lindsay or Carolyn at [matesplace@frontierotconsulting.co.nz](mailto:matesplace@frontierotconsulting.co.nz)  
Lindsay 027 469 5884 - Carolyn 021 469 587

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## **OTA SESSIONS AT THE TEPID BATHS**

Aquatic sensory integration and motor skill development program

Program aim: To provide focused sensory integration and motor skill development occupational therapy support, to children with moderate needs, and their parents/caregivers through an aquatic medium that will enable greater engagement and participation in everyday activities

Program goals: Over the course of 10 weeks the therapists will coach the children and their parents/caregivers, in at least 10 water-based techniques, to help the children to integrate and modulate their sensory systems and to further develop their motor planning and coordination.

WHEN: starting 19<sup>th</sup> October 2012  
WHERE: Learners Pool, Tepid Baths, 100 Customs St West, Auckland  
COSTS: \$50 per child per session or \$500 for 10 week program  
CONTACT: Lindsay 027 469 5884 - Carolyn 021 469 58  
[ota@frontierotconsulting.co.nz](mailto:ota@frontierotconsulting.co.nz) - [www.frontierotconsulting.co.nz](http://www.frontierotconsulting.co.nz)

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## **FRAMEWORK FOR AUTISM IN NEW ZEALAND**

This is a 2 day introductory programme that enables participants to create a framework for understanding and supporting a person on the Autism Spectrum.

It is a collection of evidence based strategies and recommendations from the **New Zealand Autism Spectrum Disorder Guidelines**

Practical application of the strategies is embedded in the exercises throughout the course.

Participants will leave the course with

- A better understanding of Autism Spectrum, and how that impacts on the person
- Practical strategies to apply immediately, including the use of visual supports, how to teach new activities and writing stories for understanding
- A framework to support the person in a variety of settings
- A better understanding of challenging behaviour, including how to prevent it happening again and how to manage behaviour when it does happen

The course is delivered through presentation, video examples, parent interviews and practical role play exercises.

The Framework for Autism in New Zealand is specifically designed for anyone who is involved with a child or adult on the Autism Spectrum and wants some understanding and practical strategies to enhance the lives and maximize the learning opportunities of those individuals.

**Costs:** Fees will be dependent on number of attendees

CONTACT: Pat Gluck, National Programme Manager, Autism New Zealand Inc.  
PO Box 12599, Thorndon, Wellington 6144 Tel: (04) 470 7616 Fax: (04) 470 7617  
[pat.gluck@autismnz.org.nz](mailto:pat.gluck@autismnz.org.nz)

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## **KIDS OPEN STUDIO**

An open studio art making group for children aged 7 to 11 years of all abilities.: An Open Studio programme where an organic approach to art making is held. Two art therapists support the children by suggesting ideas, demonstrating techniques and encouraging them to try new ideas and mediums.

WHEN: Mondays 4:00pm–5:30pm Terms 3 & 4, 2012

WHERE: Spark Centre of Creative Development: Fowlds Park, St Lukes, Auckland

COST: \$15 per session (all art materials included)

CONTACT: Abi at Spark Centre ph 09 845 5361 or email: [abi@sparkcentre.org.nz](mailto:abi@sparkcentre.org.nz)

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## **CAREGIVER / swim mate WANTED**

to assist children 3 days per week, 3.15pm onwards, with mealtimes, bathing, swimming etc. Mature, responsible, energetic & enthusiastic person with full drivers license, competent swimming skills, and some experience working with children with special needs or autism preferred.

CONTACT: [frianwadia@gmail.com](mailto:frianwadia@gmail.com) or Frian Wadia 626 4115 / 0272744424

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