

## Autism July News 2017

### Dear CAF Supporter

Here's information about our upcoming workshops and family fun events

### Sensory Issues & Activities - 2 August

Would you like a better understanding of sensory input and sensory differences in relation to autism, and to learn some sensory play ideas?

We provide useful strategies for use in the home, school setting, and the wider community.



**Wed, 2 August, 7-9pm**  
**St Columba Centre, 40 Vermont St, Ponsonby**

FREE for families and carers that register or \$40 for professionals (unless you bring a family with you). Register on our [website](#)

### Hands On Autism - 12 August

Full day workshop on guide to autism, strategies for behaviour, sensory issues and dealing with anxiety.

**12 Aug, 9am-4pm**  
**Ponsonby Primary,**  
**Herne Bay**



Sponsored (free) for family and carers  
Professionals: \$140/person (unless you bring a family you are supporting with you).

Register [here](#) so you don't miss out

### Community Notices

#### Children's Autism

##### Sensory Issues & Activities

2 Aug, 7-9pm  
Ponsonby

##### Dealing with Anxiety NZEI

3 Aug, 3:30-6pm  
Wellsford

##### Hands On Autism

12 Aug, 9am-4pm  
Herne Bay

##### Social Skills for 12 years plus

For parents/professionals  
14 Aug, 7-9pm  
Ponsonby

##### Dealing with Change & Transitioning

23 Aug, 7-9pm  
Botany

##### Understanding Autism Hamilton

24 Aug, 7-9pm  
The Link Centre  
Hamilton

##### Clip 'n Climb

Next session:  
27 Aug, Albany  
More info on [website](#)

##### Dealing with Anxiety

31 Aug, 7-9pm  
West Harbour

Please register for our workshops [online](#)

#### Disability Connect

##### Transition Expo

8 Aug, 9am-2pm  
Mt Eden

##### Support Groups for:

Culturally Diverse  
Chinese Families  
Indian Community

## Social Skills for 12 years plus - 14 Aug

For parents and professionals living or working with a child 12 years or older. Learn about feelings and emotions, making friends, problem-solving and overcoming challenges at school and wider community.



**14 August 2017, 7-9pm**  
**St Columba Centre, 40 Vermont St**  
**Ponsonby**

FREE for families and carers or \$40 for professionals (unless you bring a family you are supporting with you).

Register [here](#)

## Do something awesome for autism!

Jacqui is a mum on a mission to raise funds for CAF through her first body building competition! She would also like to raise awareness about autism in the process. Read more about her story and how to make a donation [here](#)

## Fashion and fundraising

The Trelise Cooper fashion evening held in June was an absolute hit, and CAF is thrilled to have been chosen as the recipient charity.

The work of autistic artist BCY added wonderful dimensions to the show. Funds raised will make all the difference to families of children with autism.

A big thank you to Trelise Cooper!

## Seeking a star volunteer!

Would you like to donate some volunteer hours to help the Children's Autism Foundation?

We're seeking someone to give us a hand with data entry and some administrative work for around 3-5 hours/week for 3 months (Aug-Oct). Join a friendly team and a good cause!

### Seminars on:

Education Legal Issues  
Individualised Funding  
Living Options  
Planning for Adulthood  
Transitions

[More info](#)

### Altogether Autism

#### Conference:

Guest speakers  
Transitions Workshop  
For families, carers,  
professionals

**19-20 July**  
**South Auckland**

[More info](#)

### Dance and Arts Therapy

**Dance Therapy** for young people with special needs including Autism  
Onehunga Community Centre  
Tuesdays at 3.30pm  
Gold coin donation  
(09) 636 3029  
[www.dancetherapy.co.nz](http://www.dancetherapy.co.nz)

### Mapura Studios

#### Teens Art Group

For teens with special needs

Tuesdays, Term 3  
25 Jul - 26 Sep  
4-5:30pm  
PHAB, Takapuna

Ph 09 845 5361  
e: [mapurastudios.org.nz](mailto:mapurastudios.org.nz)  
[www.mapurastudios.org.nz](http://www.mapurastudios.org.nz)

### Parent to Parent

#### SibActivity Day

19 Aug, 10am-3pm  
Panmure  
8-18 years

More info:

If you have attention to detail and admin experience, we'd love to hear from you.

Email our General Manager [teresa.moore@autism.org.nz](mailto:teresa.moore@autism.org.nz) with your C.V and why you'd like to volunteer.

## Introducing our noticeboard

We've decided to trial a 'noticeboard' for families. Examples could be looking for specific sports or clubs in your area; families looking to connect with others who have children in the same age-range or with similar interests. Or maybe you have something to offer or can share resources and materials.

Your notice must be autism-related and we wouldn't advertise products - this is more about helping families connect.

If you'd like to post on our noticeboard, please provide a message including your phone and email, so families can contact you directly. CAF is offering this space in the newsletter for the notice, and any communication afterwards must be directly between families. **Please note that your contact details would be published on this newsletter.**

Please send your message of around 20 words to: [enquiry@autism.org.nz](mailto:enquiry@autism.org.nz).

auckland@  
[parent2parent.org.nz](mailto:parent2parent.org.nz)

### Websites to Check Out

[www.autism.org.nz](http://www.autism.org.nz)

Children's Autism Foundation

[www.autismnz.org.nz](http://www.autismnz.org.nz)

Autism New Zealand

[www.adhd.org.nz](http://www.adhd.org.nz)

ADHD Association

[www.altogetherautism.org.nz](http://www.altogetherautism.org.nz)

Altogether Autism

[www.aucklanddyspraxia.org.nz](http://www.aucklanddyspraxia.org.nz)

Dyspraxia Association

[www.disabilityconnect.org.nz](http://www.disabilityconnect.org.nz)

Disability Connect

[www.childisplayot.net](http://www.childisplayot.net)

Child's Play OT

[www.ccsdisabilityaction.org.nz](http://www.ccsdisabilityaction.org.nz)

CCS Disability Action

[www.dancetherapy.co.nz](http://www.dancetherapy.co.nz)

Dance Therapy

[www.enrichplus.org.nz](http://www.enrichplus.org.nz)

Enrich+  
Education, Employment,  
Empowerment

[www.everydayot.com](http://www.everydayot.com)

Everyday OT  
For skate, holidays, adventure,  
surfing.

[www.focustherapy.co.nz](http://www.focustherapy.co.nz)

Focus Therapy O. T. Brain Gym,  
Educ. Kinesiologist

[www.ihc.org.nz](http://www.ihc.org.nz)

Idea Services

[www.improvinglifeoutcomes.org.nz](http://www.improvinglifeoutcomes.org.nz)

Improving Life Outcomes (previously  
Dotty Wobble)

[www.mapurastudios.org.nz](http://www.mapurastudios.org.nz)

(Arts)

[www.taikura.org.nz](http://www.taikura.org.nz)

(NASC Auckland)

[www.talklink.org.nz](http://www.talklink.org.nz)

Talklink Trust

[www.yesdisability.org.nz](http://www.yesdisability.org.nz)

Yes Disability

[www.parenttoparent.org.nz](http://www.parenttoparent.org.nz)

Includes Altogether Autism &  
Care Matters

## Children's Autism Foundation

Email: [admin@autism.org.nz](mailto:admin@autism.org.nz)

Telephone: 09 415 7406

Office hours: 9am - 3pm Monday,  
Wednesday, Thursday

Postal:

PO Box 301 220

Albany 0752

Auckland

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