

## Autism August News 2017

### Dear CAF Supporter

Here's info about our upcoming workshops and events

### Sensory Issues & Activities - 2 August

Would you like a better understanding of sensory input and sensory differences in relation to autism, and to learn some sensory play ideas?

We provide useful strategies for use in the home, school setting, and the wider community.



**Wed, 2 August, 7-9pm**  
**St Columba Centre, 40 Vermont St, Ponsonby**

FREE for families and carers that register or \$40 for professionals (unless you bring a family with you). Register on our [website](#)

### Hands On Autism - 12 August

Full day workshop on guide to autism, strategies for behaviour, sensory issues and dealing with anxiety.

**12 Aug, 9am-4pm**  
**Ponsonby Primary,**  
**Herne Bay**



Sponsored (free) for family and carers  
Professionals: \$140/person (unless you bring a family you are supporting with you).

Register [here](#) so you don't miss out

### Social Skills for 12 years plus - 14 Aug

#### Community Notices

##### Children's Autism

##### Sensory Issues & Activities

2 Aug, 7-9pm  
Ponsonby

##### Dealing with Anxiety NZEI

3 Aug, 3:30-6pm  
Wellsford

##### Hands On Autism

12 Aug, 9am-4pm  
Herne Bay

##### Social Skills for 12 years plus

For parents/professionals  
14 Aug, 7-9pm  
Ponsonby

##### Everyday Transitions

23 Aug, 7-9pm  
Botany

##### Understanding Autism Hamilton

24 Aug, 7-9pm  
The Link Centre  
Hamilton

##### Clip 'n Climb

Next session:  
27 Aug, Albany  
More info on [website](#)

##### Dealing with Anxiety

31 Aug, 7-9pm  
West Harbour

##### Everyday Transitions

19 Sep, 7-9pm  
Northcote

Please register for our workshops [online](#)

##### Disability Connect

##### Transition Expo

8 Aug, 9am-2pm  
Mt Eden

##### Support Groups for:

Culturally Diverse

For parents and professionals living or working with a child 12 years or older. Learn about feelings and emotions, making friends, problem-solving and overcoming challenges at school and wider community.



**14 August 2017, 7-9pm**  
**St Columba Centre, 40 Vermont St**  
**Ponsonby**

FREE for families and carers or \$40 for professionals (unless you bring a family you are supporting with you).

Register [here](#)

### Everyday Transitions Workshop - 23 Aug

Would you like to help your child through a tricky transition period at home, at school, or in the wider community?

**23 August 2017, 7-9pm**  
**St Columba Church, 480 Ti Rakau Dr, Botany**

FREE for families and carers or \$40 for professionals (unless you bring a family with you).

Register [here](#)

### Dealing with Anxiety - 31 Aug

An interactive and informative workshop that includes the following topics: what is anxiety, examples of social interactions that lead to anxiety and strategies for dealing with it (anxiety toolkits).

**31 Aug, 7-9pm**  
**Manutewhau Community House, 71 Oreil Ave**  
**West Harbour**

FREE to families and carers that register or \$40 for professionals (unless you bring a family with you).

Register [here](#)

Chinese Families  
Indian Community

**Seminars on:**  
Education Legal Issues  
Individualised Funding  
Living Options  
Planning for Adulthood  
Transitions

[More info](#)

#### Dance and Arts Therapy

**Dance Therapy** for young people with special needs including Autism  
Onehunga Community Centre  
Tuesdays at 3.30pm  
Gold coin donation

(09) 636 3029  
[www.dancetherapy.co.nz](http://www.dancetherapy.co.nz)

#### Mapura Studios

Accepting enrolments for children, teens and adults with diverse abilities including visual art, movement, cartooning and creative music.

Ph 09 845 5361  
e: [mapurastudios.org.nz](mailto:mapurastudios.org.nz)  
[www.mapurastudios.org.nz](http://www.mapurastudios.org.nz)

#### Parent to Parent

**SibActivity Day**  
19 Aug, 10am-3pm  
Panmure  
8-18 years

More info:  
auckland@  
[parent2parent.org.nz](mailto:parent2parent.org.nz)

#### Starjam

StarJam spaces available: singing, dancing, drumming workshops for young people with disabilities in Auckland.

[More info](#)

## Dealing with Anxiety for Educators - 3 Aug

NZEI Te Riu Roa members are invited to 'Dealing with Anxiety' Workshop on 3 August.

Topics include examples of social interactions that lead to anxiety and strategies for dealing with it (anxiety toolkits).

**3 August, 3:45 – 6.00 pm. Tea & Coffee from 3.30pm  
Wellsford Community Centre, 1 Matheson Road**

FREE for all educators and support staff. A koha donation will support CAF.

Register [here](#)

## Community Noticeboard

**Raukatauri Music Therapy Centre** focuses on areas relevant to autism: developing relationships and social skills, improving communication and providing opportunities for sensory exploration.

They offer individual and group sessions for children and adults in Grey Lynn, Orewa, Titirangi and Otara.

The fees for group and individual sessions vary and are on a sliding scale. Some individuals are eligible for support from funding agencies and there is a subsidy programme for families who are unable to make the suggested contribution.

### [More info](#)

*If you'd like to post on our noticeboard, please send your message of around 20 words to: [enquiry@autism.org.nz](mailto:enquiry@autism.org.nz).*

### Websites to Check Out

[www.autism.org.nz](http://www.autism.org.nz)

Children's Autism Foundation

[www.autismnz.org.nz](http://www.autismnz.org.nz)

Autism New Zealand

[www.adhd.org.nz](http://www.adhd.org.nz)

ADHD Association

[www.altogetherautism.org.nz](http://www.altogetherautism.org.nz)

Altogether Autism

[www.aucklanddyspraxia.org.nz](http://www.aucklanddyspraxia.org.nz)

Dyspraxia Association

[www.disabilityconnect.org.nz](http://www.disabilityconnect.org.nz)

Disability Connect

[www.childsplayot.net](http://www.childsplayot.net)

Child's Play OT

[www.ccsdisabilityaction.org.nz](http://www.ccsdisabilityaction.org.nz)

CCS Disability Action

[www.dancetherapy.co.nz](http://www.dancetherapy.co.nz)

Dance Therapy

[www.enrichplus.org.nz](http://www.enrichplus.org.nz)

Enrich+  
Education, Employment,  
Empowerment

[www.everydayot.com](http://www.everydayot.com)

Everyday OT  
For skate, holidays, adventure,  
surfing.

[www.focustherapy.co.nz](http://www.focustherapy.co.nz)

Focus Therapy O. T. Brain Gym,  
Educ. Kinesiologist

[www.ihc.org.nz](http://www.ihc.org.nz)

Idea Services

[www.mapurastudios.org.nz](http://www.mapurastudios.org.nz)

(Arts)

[www.taikura.org.nz](http://www.taikura.org.nz)

(NASC Auckland)

[www.talklink.org.nz](http://www.talklink.org.nz)

Talklink Trust

[www.yesdisability.org.nz](http://www.yesdisability.org.nz)

Yes Disability

[www.parenttoparent.org.nz](http://www.parenttoparent.org.nz)

Includes Altogether Autism &

**Children's Autism Foundation**

Email: [admin@autism.org.nz](mailto:admin@autism.org.nz)

Telephone: 09 415 7406

Office hours: 9am - 3pm Monday,  
Wednesday, Thursday

Postal:

PO Box 301 220

Albany 0752

Auckland