

September News 2017

Dear CAF Supporter

Here's information about our latest events and activities

Arletta and Gera at APAC

A big thank you to everyone who made a donation to send Arletta and Gera to the [Asia Pacific Autism Conference](#) in Sydney.

Together you raised \$1300 towards travel and conference fees. We're over the moon!

The Rotary Club of Newmarket also contributed \$1000, bringing the total proceeds to \$2,300.

Having our Lead Family Consultant and Services Manager attend the conference helps us learn new insights and latest international research in autism. A very worthwhile experience when helping young people live to their true and impressive potential, supported by their families.

Thanks for helping us get there - we couldn't have done it without you!



Everyday Transitions Workshop - 19 Sep

An interactive workshop for families, caregivers and professionals wanting to help a young person through a tricky transition period at home, at school, or in the wider community.



19 Sep 2017, 7-9pm
Onepoto Domain Community Hall, Tarahanga St, Northcote
(just at the Onewa Rd motorway turn-off)

FREE for families and carers or \$40 for professionals (unless you bring a family with you).

Community Notices

Children's Autism

Everyday Transitions

19 Sep, 7-9pm
Northcote

Strategies for Behaviour

24 Oct, 7-9pm
Takapuna

'Hands On' Autism

4 Nov, 9am-4pm
Manurewa

Understanding Autism & Social Skills

16 Nov, 9am-12pm
Whangarei

Hands On Autism

17 Nov, 9am-4pm
Kerikeri

Dealing with Anxiety

22 Nov, 7-9pm
YES Disability
Albany

Clip 'n Climb

Next sessions:
24 Sep & 26 Nov
More info on [website](#)

Please register for our workshops [online](#)

Disability Connect

Support Groups for:

Culturally Diverse
Chinese Families
Indian Community

Seminars on:

Education Legal Issues
Individualised Funding
Living Options
Planning for Adulthood
Transitions

[More info](#)

Register [here](#)

Strategies for Behaviour - 24 Oct

You'll leave this workshop with knowledge and strategies to feel confident in addressing behaviours across many settings and situations.



This interactive workshop covers basic principles of behaviour, helping create positive behaviour change, rewards and motivators and much more.

Tues, 24 Oct 2017, 7-9pm
Taitamariki Guide Centre, [8 Auburn St](#)
Takapuna

FREE for families and carers or \$40 for professionals (unless you bring a family with you).

Register [here](#)

Hands On Autism - 4 Nov

Our team of Family Consultants will guide you through this interactive, full-day workshop on Autism Spectrum. Topics include: Guide to Autism, Strategies for Behaviour, Sensory Issues and Dealing with Anxiety.

4 Nov, 9am-4pm
Manukau New Life Church
Jellicoe Rd, Manurewa

FREE to families and carers that register or \$140 for professionals (unless you bring a family with you).

Register [here](#)

Dealing with Anxiety - 22 Nov

An interactive and informative workshop on anxiety, examples of social interactions that lead to anxiety and strategies for dealing with it (anxiety tool-kits).

22 Nov 2017, 7-9pm
YES Disability, [3 William Laurie Place](#)
Albany

Raukatauri Music Therapy

Holiday Programmes

2 - 14 October
Sibling Group
Instrument Petting Zoo
Find Your Beat

[More info](#)

360 0889
info@rmtc.org.nz.

Mapura Studios

NEW Art Group for Teens

For 12+ years
All abilities, particular provisions for autistic young people.
A safe environment to express themselves creatively.

Tuesdays, 4-5pm
Ph 09 845 5361
e: alex@mapurastudios.org.nz
www.mapurastudios.org.nz

PHAB

Teen Social Groups

Spaces available in fun, interactive groups around Auckland.
For people with disabilities aged 16 and over.
More info: Chewy on 09 488 7490 or chewy@phab.org.nz

Tri Star Gymnastics

Disability Trial Day

16 September
Keith Hay Park
Mt Roskill

Try an age-based, one-hour gymnastics lesson for only \$5.

More info in flyer attached.
Ph 625 4354
leigh.dawson@tristar.org.nz

Websites to Check Out

www.autism.org.nz
Children's Autism Foundation

FREE for families and carers that register or \$40 for professionals (unless you bring a family with you).

Register [here](#)

Trustee Opportunity

The Children's Autism Foundation is seeking to appoint an additional Trustee to our Board. We are specifically looking for someone who shares our passion for empowering young people on the autism spectrum and to whom our organisation's purpose and values resonate.

We hold monthly meetings at our Albany office which you need to attend. Additional meetings may be arranged as required.

If this volunteer role interests you, please apply to Paul Gregory, Chair of the Children's Autism Foundation Board: Paul.Gregory@fma.govt.nz with your CV and cover letter.

Community Noticeboard

Jeremy Paea and friends have signed up for the '[Run the City' Auckland Marathon](#) to raise funds for the Children's Autism Foundation.

You can find out more about their Marathon goal and other fundraising events on their [Givealittle page](#).

The Children's Autism Foundation would like to thank them for their incredible support!

If you'd like to post on our noticeboard, please send your message of around 20 words to: enquiry@autism.org.nz.

www.autismnz.org.nz
Autism New Zealand

www.adhd.org.nz
ADHD Association

www.altogetherautism.org.nz
Altogether Autism

www.aucklanddyspraxia.org.nz
Dyspraxia Association

www.disabilityconnect.org.nz
Disability Connect

www.childisplayot.net
Child's Play OT

www.ccsdisabilityaction.org.nz
CCS Disability Action

www.dancetherapy.co.nz
Dance Therapy

www.enrichplus.org.nz
Enrich+
Education, Employment,
Empowerment

www.everydayot.com
Everyday OT
For skate, holidays, adventure,
surfing.

www.focustherapy.co.nz
Focus Therapy O. T. Brain Gym,
Educ. Kinesiologist

www.ihc.org.nz
Idea Services

www.mapurastudios.org.nz
(Arts)

www.taikura.org.nz
(NASC Auckland)

www.talklink.org.nz
Talklink Trust

www.yesdisability.org.nz
Yes Disability

www.parenttoparent.org.nz
Includes Altogether Autism &
Care Matters

Attachments:

[DGYM_Trial_Day_Flyer.pdf](#)