

October News 2017

Dear CAF Supporter

Here's information about our latest events and activities

Strategies for Behaviour - 24 Oct

You'll leave this workshop with knowledge and strategies to feel confident addressing behaviours across many settings and situations.



This interactive workshop covers basic principles of behaviour, helping create positive behaviour change, rewards and motivators and much more.

Tues, 24 Oct 2017, 7-9pm
Taitamariki Guide Centre, [8 Auburn St](#)
Takapuna

FREE for families and carers or \$40 for professionals (unless you bring a family with you).

Register [here](#)

Hands On Autism - 4 Nov

Our team of Family Consultants will guide you through this interactive, full-day workshop on Autism Spectrum. Topics include: Guide to Autism, Strategies for Behaviour, Sensory Issues and Dealing with Anxiety.



4 Nov, 9am-4pm
Manukau New Life Church
Jellicoe Rd, Manurewa

FREE to families and carers that register or \$140 for professionals (unless you bring a family with you).

Register [here](#)

Community Notices

Children's Autism

Strategies for Behaviour
24 Oct, 7-9pm
Takapuna

Social Skills with NZEI
2 Nov, 4-6pm
Red Beach

'Hands On' Autism
4 Nov, 9am-4pm
Manurewa

Understanding Autism & Social Skills
16 Nov, 9am-12pm
Whangarei

Hands On Autism
17 Nov, 9am-4pm
Kerikeri

Dealing with Anxiety
22 Nov, 7-9pm
North Shore

Clip 'n Climb
Last session for 2017:
26 Nov
More info on [website](#)

Please register for our workshops [online](#)

Disability Connect

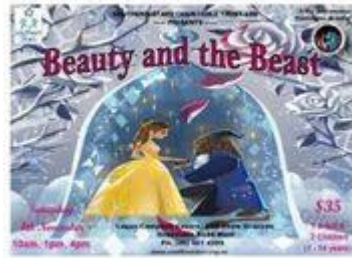
Sexuality Education with Annette Milligan, Health Click
21 Nov, 10:30-12pm
or: 1-2:30pm
Disability Connect
[3b Olive Rd, Penrose](#)

Support Groups for:
Culturally Diverse
Chinese Families
Indian Community

Seminars on:
Education Legal Issues

FREE tickets - Beauty & The Beast

Southern Stars
Charitable Trust
presents:
Beauty & the Beast



Date: Sat, 4 Nov
Time: 10am or 4pm
Logan Campbell Centre
ASB Showgrounds,
Greenlane

We have a very limited number of tickets to give away.
To apply for a ticket [click here](#)

Special gifts for Christmas!

A local artist has donated drawings of seven different super heroes to raise money for the Children's Autism Foundation. From Wonder Woman to Thor, each hero represents overcoming challenges and are inspired by the artist's own autistic son.

We have set up auctions on Trade Me. [Click here](#) to bid on your favourite super hero today!

A note from Arletta about APAC

Thanks to everyone who made a donation to help us get to the Asia Pacific Autism Conference in Sydney. We had an amazing time and came back with lots of information, ideas and resources.

It also confirmed that what we share with families and professionals in our workshops, Outreach and training is very much in line with current knowledge and thinking on autism spectrum disorders.

It was great to hear many autistic speakers (who mostly prefer the term 'autistic' over 'person with autism'). There were excellent talks from Steven Shore, Emma Goodall, and Jeanette Purkis on living with autism, mental health and how to take care of yourself and be okay in the workforce.

Something that is becoming more clear, is the difficulty in making sense of hot and cold, pain, illness, and in line with this, with emotions and emotion-regulating. Starting young with teaching and supporting children to get a better understanding of this was emphasised.

Individualised Funding
Living Options
Planning for Adulthood
Transitions

[More info](#)

Raukatauri Music Therapy

Holiday Programmes

2-14 October
Sibling Group
Instrument Petting Zoo
Find Your Beat

New Satellite Location Pukekohe

Group & individual sessions
Fridays, beginning October

[More info](#)

360 0889

info@rmtc.org.nz

Mapura Studios

NEW Art Group for Teens

For 12+ years
All abilities, particular provisions
for autistic young people.
A safe environment to express
themselves creatively.

Tuesdays, 4-5pm

Ph 09 845 5361

e: alex@mapurastudios.org.nz

www.mapurastudios.org.nz

PHAB

Teen Social Groups

Spaces available in fun, interactive
groups around Auckland.
For people with disabilities aged 16
and over.

More info: Chewy on 09 488 7490
or chewy@phab.org.nz

Parent to Parent

IEP Seminar

Wed, 8 Nov
6:30-9pm
HubWest, Corban Ave
Henderson

Knowing emotions, the words for them, and how it works for yourself and others are important for developing social skills, and helping communicate feelings and what you need.

I was impressed with a workshop day run by Peter Vermeulen who talked about the difficulty of making sense of contexts. 'In autism, there seems to be a problem with predictions' i.e. not having a picture in your head of how a situation might look, and therefore everything seems new (and scary) all the time. So the more experiences autistic people can be exposed to, the better their predictions could be.

- Arletta van den Bosch (Lead Family Consultant)

ASK Education Training

Autism Spectrum Knowledge (ASK)

is comprehensive on-site autism training for teachers and education staff. Our two hour training sessions provide practical strategies when working with autistic people. The training workshops are tailored to meet the needs of the workforce.

If you or your school are interested in more information please contact enquiry@autism.org.nz for more details.

Community Noticeboard

Coffee and Play Group - Support for parents

New parent support group for parents of autistic kids - all ages welcome! Make new friendships, find support, share stories and challenges. Fully-fenced playground and inside space.

Fridays, 1-2:30pm (excluding school holidays)
Birkdale Community House, [134 Birkdale Road](#).

Please contact houses@birkdalebeachhaven.org.nz with any questions

If you'd like to post on our noticeboard, please send your message of around 20 words to: enquiry@autism.org.nz.

Register:
auckland@parent2parent.org.nz
0508 236 236

Websites to Check Out

www.autism.org.nz

Children's Autism Foundation

www.autismnz.org.nz

Autism New Zealand

www.adhd.org.nz

ADHD Association

www.altogetherautism.org.nz

Altogether Autism

www.aucklanddyspraxia.org.nz

Dyspraxia Association

www.disabilityconnect.org.nz

Disability Connect

www.childsplayot.net

Child's Play OT

www.ccsdisabilityaction.org.nz

CCS Disability Action

www.dancetherapy.co.nz

Dance Therapy

www.enrichplus.org.nz

Enrich+

Education, Employment,
Empowerment

www.everydayot.com

Everyday OT

For skate, holidays, adventure,
surfing.

www.focustherapy.co.nz

Focus Therapy O. T. Brain Gym,
Educ. Kinesiologist

www.ihc.org.nz

Idea Services

www.mapurastudios.org.nz

(Arts)

www.taikura.org.nz

(NASC Auckland)

www.talklink.org.nz

Talklink Trust

www.yesdisability.org.nz

Yes Disability

www.parenttoparent.org.nz

Includes Altogether Autism &
Care Matters

Children's Autism Foundation

Email: admin@autism.org.nz

Telephone: 09 415 7406

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Wednesday, Thursday

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