

November 2017 News

Dear CAF Supporter

It's that busy time of year again! Here's info on our final workshops for 2017 and Christmas events

Dealing with Anxiety - places still available!

Come and learn about new strategies and coping skills for young people. Topics include: understanding anxiety, examples of social interactions that lead to anxiety and strategies for dealing with it (anxiety tool kits).



FREE for both families and professionals to attend. An excellent workshop for this busy and sometimes stressful period.

Two workshops at different locations to choose from:

22 Nov, 7-9pm, Mary Thomas Centre
[3 Gibbons Rd, Takapuna](#)

Or:

29 Nov, 7-9pm, St Columba
[480 Ti Rakau Dr, Botany](#)

Register on our website: www.autism.org.nz

Clip 'n Climb - 26 Nov

We hold climbing sessions just for children with autism, teaming up with Clip 'n Climb North Shore.

Final session for 2017: 26 Nov, 8am

Clip 'n Climb North Shore
[Unit 1/59 Corinthian Drive](#)
Albany

Cost: \$20/session.



Community Notices

Children's Autism

Understanding Autism & Social Skills

16 Nov, 9am-12pm
Whangarei

Hands On Autism

17 Nov, 9am-4pm
Kerikeri

Dealing with Anxiety

22 Nov, 7-9pm
North Shore

Dealing with Anxiety

29 Nov, 7-9pm
Botany

Clip 'n Climb

Last session for 2017:
26 Nov
More info on [website](#)

Hands On Autism

24 Feb, 9am-4pm
Takapuna Primary

Please register for our workshops [online](#)

Disability Connect

Sexuality Education with Annette Milligan from Health Click

21 Nov, 10:30-12pm
or: 1-2:30pm
Disability Connect
[3b Olive Rd, Penrose](#)

Support Groups for:

Culturally Diverse
Chinese Families
Indian Community

Seminars on:

Education Legal Issues
Individualised Funding
Living Options
Planning for Adulthood
Transitions

[More info](#)

To sign up your young climber (or future climber!) go to www.clipnclimbnorthshore.co.nz > general admission booking > search for the date > select 8:30am private admission (Autism Foundation guests ONLY). Please also complete the online waiver form.

For first timers, please email Arletta for a social story to prepare your child: arletta@autism.org.nz

Hands On Autism Term 1 - 24 Feb

Our team of Family Consultants will guide you through this interactive, full-day workshop on Autism Spectrum. Topics include: Guide to Autism, Strategies for Behaviour, Sensory Issues and Dealing with Anxiety.



24 Feb, 9am-4pm
Takapuna Primary School
[23 Auburn St, Takapuna](#)

FREE for families and carers that register or \$140 for professionals (unless you bring a family with you).

Register [here](#)

Special Children's Christmas Parties

We have a limited number of tickets to:

Special Children's Christmas Parties
Sat, 9 Dec, 11:30am-2:30pm
ASB Showgrounds, Greenlane

Meet guests, enjoy tasty food, drinks and prizes
More info on their website: www.sccpnz.co.nz

[To apply for a ticket](#)

Funfest VIP Day

We also have a limited number of tickets to:

Funfest VIP Day
10 Jan 2018, 10am-4pm
Vodafone Events Centre
Manukau

Raukatauri Music Therapy

Group and individual music therapy sessions

New Satellite Location Pukekohe

Group & individual sessions
Fridays, beginning October

[More info](#)

360 0889

info@rmtc.org.nz

Mapura Studios

Art Group for Teens

For 12+ years
All abilities, particular provisions for autistic young people.
A safe environment to express themselves creatively.

Tuesdays, 4-5pm

Ph 09 845 5361

e: alex@mapurastudios.org.nz

www.mapurastudios.org.nz

North Shore coffee group

Parents support and play group
Runs every Friday term time
1-2:30pm
(closed 20 Dec - 22 Jan)

Birkdale Community House
[134 Birkdale Rd](#)

Contact: houses@
birkdalebeachhaven.org.nz

More info in flyer attached.

Websites to Check Out

www.autism.org.nz

Children's Autism Foundation

www.autismnz.org.nz

Autism New Zealand

www.adhd.org.nz

ADHD Association

www.altogetherautism.org.nz

Altogether Autism

Strict rule of max. 4 guests per ticket (mum, dad, caregiver, sibling) to ensure you enjoy the day without huge crowds. More info on their website: www.funfest.co.nz

[To apply for a ticket](#)

Volunteers wanted!

We'll be holding community stalls on two dates in Dec, giving out stickers and accepting gold coin donations from shoppers. If you would like to volunteer an hour or two with us or to find out more, [please get in touch](#)

Thurs, 7 Dec and 14 Dec between 10am-7pm
Albany Westfield
Don McKinnon Drive

Thanks to everyone who has signed up already. We'll be in touch soon.

www.aucklanddyspraxia.org.nz
Dyspraxia Association

www.disabilityconnect.org.nz
Disability Connect

www.childsplayot.net
Child's Play OT

www.ccsdisabilityaction.org.nz
CCS Disability Action

www.dancetherapy.co.nz
Dance Therapy

www.enrichplus.org.nz
Enrich+
Education, Employment,
Empowerment

www.everydayot.com
Everyday OT
For skate, holidays, adventure,
surfing.

www.focustherapy.co.nz
Focus Therapy O. T. Brain Gym,
Educ. Kinesiologist

www.ihc.org.nz
Idea Services

www.mapurastudios.org.nz
(Arts)

www.taikura.org.nz
(NASC Auckland)

www.talklink.org.nz
Talklink Trust

www.yesdisability.org.nz
Yes Disability

www.parenttoparent.org.nz
Includes Altogether Autism &
Care Matters

Attachments: [autismcoffeegroup-page-001.jpg](#)

Children's Autism Foundation

Email: admin@autism.org.nz
Telephone: 09 415 7406
Office hours: 9am - 3pm Monday,
Wednesday, Thursday

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