



# children's autism

Our final workshops for 2018 and more...

## Dear CAF Supporter

It's hard to believe we are already into November and the shops are starting to fill with all the treats and paraphernalia of Christmas! Take advantage of the "lull before the storm" to get along to our last workshops for 2018.

**Strategies for Behaviour - TONIGHT - Manurewa**

**Dealing with Anxiety - Mon 5th November - Takapuna**

For time out and an awesome opportunity for family bonding time our last **Clip & Climb** session is on Sunday 18th Nov.

Keep reading for more information and how to register.

And remember, if you have any queries, require support or just a listening ear, drop us an email or give us a call on 09 415 7406 anytime. We are here to help!

*From the Team at Children's Autism Foundation*

## Strategies for Behaviour – TONIGHT!!!

A 2-hour workshop for parents/families and those who live or work with children/young people on the Autism Spectrum.



Topics include:

- 1/ Understanding behaviour and the Autism Spectrum
- 2/ Identifying the functions of behaviour
- 3/ Tips and strategies on how to create a positive behaviour approach

**1 November 2018, 7-9pm**

Refreshments available from 6:45pm

**Nathan Homestead, 70 Hill Road, Manurewa**

## Community Notices

### Children's Autism

#### A.S.K

Autism Spectrum  
Knowledge  
Professional training  
[More info](#)

Don't miss our Term 4 workshops!

**Strategies for Behaviour,**  
1st November, 7-9pm, Manurewa  
**Dealing with Anxiety,**  
5th November, 7-9pm, Takapuna

### Disability Connect

#### Support Groups for:

Culturally Diverse  
Chinese Families  
Indian Community

#### Seminars on:

Education Legal Issues  
Individualised Funding  
Living Options  
Planning for Adulthood  
Transitions  
Sexuality Education

More info:

Ph 09 636 0351

admin@

disabilityconnect.org.nz

### Autism NZ

Auckland support groups:

Cost: for families, koha at the door or via our [donation](#) page or [Givealittle](#) \$40 for professionals.  
Register [here](#)

## Dealing with Anxiety - 5 November

Almost 50 % of people diagnosed with autism have anxiety issues. Understanding how anxiety effects school and home life, and having strategies to manage anxiety, can help a lot. Your child does not require an ASD diagnosis for you to attend this workshop.



Topics include:

- Understanding Anxiety
- Social interactions that lead to anxiety
- Strategies for dealing with anxiety
- Anxiety 'Toolkits'

**Monday 5 November, 7-9pm**  
**St Peter's Anglican Church**  
**11 Killarney Street, Takapuna**

Cost: for families, koha at the door or via our [donation](#) page or [Givealittle](#) \$40 for professionals.

Register [here](#)

## Clip 'n Climb - 18 November

In collaboration with Clip 'n Climb North Shore we hold climbing sessions just for people with autism from 4 years through to teenagers and adults. Help your child gain confidence and overcome challenges while building up their social skills. We receive excellent feedback from families, and parents/caregivers/siblings are welcome to climb too - this is great family bonding time!



**Sunday 18th November 9 - 10.30am**  
**Clip 'n Climb**  
**Unit 1/59 Corinthian Drive, Albany**  
Cost: \$20 per climber

More info and registration details [here](#)

- Youth with Asperger's/  
High-Functioning Autism Social  
Group

- Adult Asperger's & High-  
Functioning  
Autism Spectrum Social Group

- Adult Asperger's Syndrome/High-  
Functioning Autism Drop-in Session

- Asperger Partners' Support Group

- Chat & Chill Parents Group

[More info](#)

### IHC

Library & info  
services  
on all aspects  
of disability

One free book for  
for families

More info:  
[ihc.org.nz](http://ihc.org.nz)  
0800 442 442

### Mapura Studios

#### Art Group for Teens

For 12+ years  
All abilities, particular provisions  
for autistic young people.  
A safe environment to express  
themselves creatively.

Tuesdays, 4-5pm  
Ph 09 845 5361  
alex@  
mapurastudios.org.nz

### Useful Websites

[www.autism.org.nz](http://www.autism.org.nz)  
Children's Autism Foundation

[www.autismnz.org.nz](http://www.autismnz.org.nz)  
Autism New Zealand

[www.adhd.org.nz](http://www.adhd.org.nz)  
ADHD Association

[www.altogetherautism.org.nz](http://www.altogetherautism.org.nz)  
Altogether Autism

## WELCOME TO THE TEAM!

We recently welcomed Jo Sutton as our new Team Leader at Children's Autism Foundation.

Jo has an 11 year old son with ASD as well as two other extremely busy children and lives in Birkenhead with her husband Paul. Her children asked her to add that she also lives with a crazy cat called Pretty Boy, a bunny and two fish! At age 20 Jo was seriously injured in a motor vehicle accident which put her into hospital for a couple of months and a year or two to rehabilitate. Having lived through disability and partial blindness, Jo has a huge heart for those who face challenges in life, big or small. Jo brings a wealth of experience from the commercial world to CAF and is very excited about all our plans for 2019.

You will spot Jo at some of our workshops/events and out & about as she gets to know everyone in the CAF community. Make sure you say hi!



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## InterACT 2018 - Free Disability Arts Festival

This annual festival is happening again this year at Corban Estate, featuring wearable art, clowning, tape art, face-painting, performances, Chocolate Lantern theatre and more.

**When:** Wednesday 31 October 2018, 10.00am - Friday 2 November 2018, 2.00pm

**Where:** Corban Estate Arts Centre, 2 Mt Lebanon Lane, Henderson, Auckland Shed 1&2

More info on their website <https://interacting.org.nz/interactfestival/>



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## Māpura Studios Open Day

[www.aucklanddyspraxia.org.nz](http://www.aucklanddyspraxia.org.nz)  
Dyspraxia Association

[www.disabilityconnect.org.nz](http://www.disabilityconnect.org.nz)  
Disability Connect

[www.childsplayot.net](http://www.childsplayot.net)  
Child's Play OT

[www.ccsdisabilityaction.org.nz](http://www.ccsdisabilityaction.org.nz)  
CCS Disability Action

[www.dancetherapy.co.nz](http://www.dancetherapy.co.nz)  
Dance Therapy

[www.enrichplus.org.nz](http://www.enrichplus.org.nz)  
Enrich+  
Education, Employment,  
Empowerment

[www.everydayot.com](http://www.everydayot.com)  
Everyday OT  
For skate, holidays, adventure,  
surfing.

[www.focustherapy.co.nz](http://www.focustherapy.co.nz)  
Focus Therapy O. T. Brain Gym,  
Educ. Kinesiologist

[www.ihc.org.nz](http://www.ihc.org.nz)  
Idea Services

[www.mapurastudios.org.nz](http://www.mapurastudios.org.nz)  
(Arts)

[www.parenttoparent.org.nz](http://www.parenttoparent.org.nz)  
Includes Altogether Autism &  
Care Matters

[www.taikura.org.nz](http://www.taikura.org.nz)  
(NASC Auckland)

[www.talklink.org.nz](http://www.talklink.org.nz)  
Talklink Trust

[www.wandersearch.org.nz](http://www.wandersearch.org.nz)  
WanderSearch NZ

[www.yesdisability.org.nz](http://www.yesdisability.org.nz)  
Yes Disability

Awesome affordable art, music, performance, poetry,  
bouncy castle, sausage sizzle, face painting, art  
workshops & more..

Support Mapura artists - family fun for all!  
Saturday 3rd November 10am - 2pm  
Venue : Mapura Studios, Fowlds Park, Rocky Nook Ave,  
St Lukes



## Children's Autism Foundation

Email: [admin@autism.org.nz](mailto:admin@autism.org.nz)

Telephone: 09 415 7406

Office hours: 9am - 3pm Monday, Wednesday,  
Thursday

Postal:

PO Box 301 220

Albany 0752

Auckland

Unsubscribe me please

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