



children's autism

October workshops and more...

Dear CAF Supporter,

Dealing with Change and Transitions

25 October

Learn about the different transitions children go through in the home, pre-school/school and community. Gain an understanding on how these transitions affect children with Autism. Get tips and strategies to help children cope with these transitions. This is a 2-hour interactive workshop for families, carers and professionals who live and work with young people on the Autism Spectrum.



Thursday 25 October, 7-9pm
Onepoto Hall
2 Puawai Place, Northcote

Cost: free for families (donations at the door or [Givealittle](#) welcome). \$40 for professionals.

Register [here](#)

Hands On Autism - 27 October

Gain practical tools and strategies that can be implemented in the home, classroom or community. Ideal for people living or working with a child with Autism.



Saturday 27 October 9am - 4pm
Pakuranga Baptist Church
219 Ti Rakau Drive, Pakuranga

Cost: free for families (donations at the door or [Givealittle](#)

Community Notices

Children's Autism

A.S.K

Autism Spectrum
Knowledge
Professional training

[More info](#)

Don't miss our Term 4 workshops!

Dealing with Change & Transitions

25th October, 7-9pm, Northcote

Hands on Autism,

27th October, 9am-4pm, Pakuranga

Strategies for Behaviour,

1st November, 7-9pm, Manurewa

Dealing with Anxiety,

5th November, 7-9pm, Takapuna

Disability Connect

Support Groups for:

Culturally Diverse
Chinese Families
Indian Community

Seminars on:

Education Legal Issues
Individualised Funding
Living Options
Planning for Adulthood
Transitions
Sexuality Education

More info:

Ph 09 636 0351

admin@

disabilityconnect.org.nz

welcome). \$150 for professionals.

Register [here](#)

Strategies for Behaviour - 1 November

2-hour workshop for parents/families and those who live or work with children/young people on the Autism Spectrum.



Topics include:

- Understanding anxiety
- Social interactions that lead to anxiety
- Strategies for dealing with anxiety
- Anxiety 'Toolkits'

Thursday 1 November, 7-9pm
Nathan Homestead
70 Hill Road, Manurewa

Cost: free for families (donations at the door or [Givealittle](#) welcome). \$40 for professionals.

Register [here](#)

Dealing with Anxiety - 5 November

Almost 50 % of people diagnosed with autism have anxiety issues. Understanding how anxiety effects school and home life, and having strategies to manage anxiety, can help a lot.



Topics include:

- Understanding Anxiety
- Social interactions that lead to anxiety
- Strategies for dealing with anxiety
- Anxiety 'Toolkits'

Monday 5 November, 7-9pm
St Peter's Anglican Church
11 Killarney Street, Takapuna

Cost: free for families (donations at the door or [Givealittle](#) welcome). \$40 for professionals.

Register [here](#)

Farewell Lotje and welcome Megan!

Last week we said "farewell" to Lotje van Schie who is returning to The Netherlands. Lotje's energy,

Autism NZ

Auckland support groups:

- Youth with Asperger's/ High-Functioning Autism Social Group
- Adult Asperger's & High-Functioning Autism Spectrum Social Group
- Adult Asperger's Syndrome/High-Functioning Autism Drop-in Session
- Asperger Partners' Support Group
- Chat & Chill Parents Group

[More info](#)

IHC

Library & info services on all aspects of disability

One free book for families

More info:
ihc.org.nz
0800 442 442

Mapura Studios

Art Group for Teens

For 12+ years
All abilities, particular provisions for autistic young people.
A safe environment to express themselves creatively.

Tuesdays, 4-5pm
Ph 09 845 5361
alex@mapurastudios.org.nz

Useful Websites

www.autism.org.nz
Children's Autism Foundation

www.autismnz.org.nz
Autism New Zealand

compassion and dedication to helping children with autism and their families will be sadly missed.

On a brighter note, we're thrilled to have Megan King join our team to work with children & families in West & Central Auckland. Megan completed her Bachelor in Speech and Language Therapy at Massey University. After she graduated, Megan worked for the Ministry of Education where she gained experience working with a variety of children and their families, with various needs. Through her work in early intervention and schools, Megan developed a passion for supporting the communication needs of children with Autism. Megan is super excited to have started with the Children's Autism Foundation, and is looking forward to supporting children and their families, in lots of different ways!



Join In - Jumping Beans for Term 4

We have just 2 spaces left in Jumping Beans for Term 4. Looking for an activity for your pre-schooler? Join-In Jumping Beans helps children with autism to build their overall motor and social skills through repetitive movements, activities & action songs, in an environment that suits their needs.

Register now! More details [here](#)



Clip 'n Climb - 18 November

In collaboration with Clip 'n Climb North Shore we hold climbing sessions just for people with autism from 4 years through to teenagers and adults. Help your child gain confidence and overcome challenges while building up their social skills. We receive excellent feedback from families, and parents/caregivers/siblings are welcome to climb too - this is great family bonding time!

www.adhd.org.nz
ADHD Association

www.altogetherautism.org.nz
Altogether Autism

www.aucklanddyspraxia.org.nz
Dyspraxia Association

www.disabilityconnect.org.nz
Disability Connect

www.childisplayot.net
Child's Play OT

www.ccsdisabilityaction.org.nz
CCS Disability Action

www.dancetherapy.co.nz
Dance Therapy

www.enrichplus.org.nz
Enrich+
Education, Employment,
Empowerment

www.everydayot.com
Everyday OT
For skate, holidays, adventure,
surfing.

www.focustherapy.co.nz
Focus Therapy O. T. Brain Gym,
Educ. Kinesiologist

www.ihc.org.nz
Idea Services

www.mapurastudios.org.nz
(Arts)

www.parenttoparent.org.nz
Includes Altogether Autism &
Care Matters

www.taikura.org.nz
(NASC Auckland)

www.talklink.org.nz
Talklink Trust

www.yesdisability.org.nz
Yes Disability

Sunday 18th November , 9-10.30am
Clip 'n Climb
Unit 1/59 Corinthian Drive, Albany
Cost: \$20 per climber

More info and registration details [here](#)



Fun Day Out for our Special Kids

The Fun Day out is a FREE event for our special kids and their families. There will be more than 20 fun activities suitable for the whole family and plenty of free car parking at the venue. Make sure you pop along to the Children's Autism Foundation table and say hi!

North Shore Events Centre
Date: 6th October 2018
Time: 11:00am - 3:00pm
Cost: FREE



Children's Autism Foundation

Email: admin@autism.org.nz
Telephone: 09 415 7406
Office hours: 9am - 3pm Monday, Wednesday, Thursday

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