



children's autism

Kia ora Jo!

Welcome to February at Children's Autism Foundation!

With kids heading back to school & uni we know that Feb can be a super busy and sometimes challenging month. The great news is that you don't have to do this alone, our team are here to help and support you.

Here's just a few of the ways that we can help...

- * [CHAT Family Support](#)
- * [Skills Through Play](#)
- * [Autism Workshops](#)
- * [GEMS for girls](#)
- * [ASK PD Workshops](#)
- * [Online Parent Support](#)



No question is too tough or too trivial! Every challenge is simply there to be overcome (or as we know, with children on the Autism Spectrum, are an opportunity to learn and find a pathway that works for your child & whanau)..

We can support you by phone, email, Zoom or via a home visit.

We're here to help so please get in touch!

www.autism.org.nz

CHAT sessions for families/whanau

Book an Autism CHAT with a Children's Autism Foundation Family Consultant at one of our Akld venues.

Meet with one of our friendly, experienced consultants for a relaxed session to discuss ANY issues or questions you have related to autism (eg. behaviours, school, anxiety, communication, social skills, diagnosis, toileting, sleeping etc). Includes follow-up support by phone, email or Zoom.

Find out more and [book a CHAT session here](#)

HAPPENING SOON...

ONLINE SUPPORT GROUP

for parents & caregivers
Thurs 18th February 7.30pm
All welcome!

[REGISTER HERE](#)

SKILLS THROUGH PLAY

Preschool Play
North Shore / Manurewa

[MORE INFO](#)

HOW CAN WE HELP?

You don't have to struggle alone. Our team are here to listen and support you with any aspect of parenting a child on the Autism Spectrum.

[REQUEST SUPPORT](#)

CAN YOU SUPPORT CHILDREN'S AUTISM FOUNDATION?

Help us to support families! Donate to Children's Autism Foundation and every cent will go directly to supporting children with autism and their families.

We are reliant upon your generosity to continue our essential work supporting NZ families.

[DONATE HERE](#)

Useful Websites

www.autism.org.nz
Children's Autism Foundation

www.autismnz.org.nz
Autism New Zealand
Support, information and education on Autism Spectrum Disorder

www.adhd.org.nz
ADHD Association

www.altogetherautism.org.nz

Skills Through Play Pre-School Play Group

New for 2021! Join us at our new "Skills Through Play" playgroup sessions hosted by Children's Autism Foundation Family Consultants, Emma Bartlett & Khadijah Sharif.

Running from 10am to 11am, these relaxed sessions are an opportunity to learn about play & communication for your pre-schooler with ASD.

[More info here](#)



Autism workshops for parents & caregivers

We have some great workshops lined up for Feb & March...

[Parenting Your Aut-some Child](#) - Sat 20th Feb
[Cool Kids, Calm Bodies, Managing Anxiety in Children on the Autism Spectrum](#) - Mon 22nd Feb
[GEMS, Girls on the Autism Spectrum](#) - Wed 24th Feb
[Social & Friendship Skills](#) - Mon 15th Mar
[Give Me A Clue! Understanding PDA \(West\)](#) - Thurs 25th Mar
[Give Me A Clue! Understanding PDA \(North\)](#) - Wed 31st Mar

And it doesn't stop there! More workshops will be scheduled across Auckland, BoP and the Waikato through 2021

WATCH THIS SPACE for all upcoming workshops, groups & special events



GEMS for parents/caregivers of girls on the Autism Spectrum

GEMS is our group for parents & caregivers of girls on the Autism Spectrum. Girls with Autism are often diagnosed much later than most boys, and sometimes not at all. Make yourself a coffee or tea and join us on Zoom for a **GEMS** virtual meet-up. Our Family Consultant Jeanita Cush-Hunter is passionate about equipping our girls and young women with skills for life & will be on hand to guide discussion and answer your questions.

Altogether Autism

www.ccsdisabilityaction.org.nz
CCS Disability Action

www.dancetherapy.co.nz
Dance & Art Therapy

www.disabilityconnect.org.nz
Disability Connect
Support groups
& disability related seminars

www.enrichplus.org.nz
Enrich+
Education, Employment,
Empowerment

www.healthcarenz.co.nz
Explore Autism Programmes
* Teen Life
* ASD Plus
* Targeted Parent Support

www.ihc.org.nz
Idea Services
Library & info services

www.mapurastudios.org.nz
Mapura Studios
Art Group for Teens

www.parenttoparent.org.nz
Supporting parents & caregivers
of children with disabilities

www.phab.org.nz
Weekly social experiences
for young people with disabilities
16+

www.timbrayproductions.org.nz
Extraordinarily Creative drama
classes coming soon!

www.taikura.org.nz
(NASC Auckland)

www.talklink.org.nz
Talklink Trust

www.wandersearch.org.nz
WanderSearch NZ

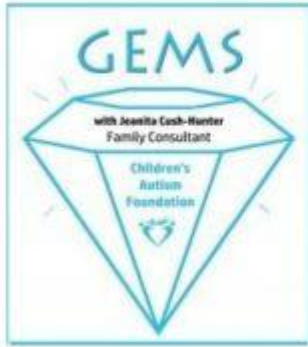
www.yesdisability.org.nz
Yes Disability

USEFUL RESOURCES:

[PepTalks Webinars](#)
[Positive Partnerships](#)
[National Autistic Society UK](#)
[Sue Larkey Tip Sheets](#)
[Ambitious About Autism](#)
[Social Thinking](#)
[Amazing Things Happen](#)
[Ministry of Education - Special Education](#)
[Ministry of Education - Funding for TA's](#)
[Ministry of Health - ASD](#)
[Autism CRC Research](#)
[Mental Health Foundation](#)
[Twinkl Resources for Teachers](#)

[Register for our next GEMS Zoom meet-up here](#)

And come along to our [GEMS workshop](#) on Wed 24th February



[Children's Autism Foundation](#)

www.autism.org.nz

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Telephone: 09 415 7406

Unsubscribe me please

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