



children's autism

July 2019

Welcome to July at Children's Autism Foundation!

It was a little quiet around the office as the team headed out of town to present workshops & Family Outreach in Hamilton and Kaitaia. The team had an amazing time connecting with families & professionals and brought back stories of the welcomes they received and donuts consumed (but that's a story for another day!)



Read on for more about what is happening in July and our continuing ASK (Autism Spectrum Knowledge) workshop series for professionals.

If you have any queries, require support or just a listening ear, drop us an email or give us a call on 09 415 7406. We are always here to help!

from the Team at Children's Autism Foundation

ASK (Autism Spectrum Knowledge) workshops for professionals

ASK (Autism Spectrum Knowledge) training is a series of interactive professional development workshops, aimed at furthering participants' understanding of autism. Our next module "Sensory Issues" is **Monday 29th July**.



The 2-hour workshops are tailored to meet the needs of teachers, carers, support workers, social workers and any other professionals engaging with children with ASD. If you are working with a child or young person with ASD then these workshops are for you!

Venue: The Long Room, Freeman's Bay Community Centre
4 modules - Sensory Issues, Dealing with Anxiety, Social & Communication Skills, Strategies for Behaviour

Our Workshops & Training

[CLICK HERE](#) for upcoming events

A.S.K

Autism Spectrum Knowledge
Professional training
Educating our educators
Tell your school about ASK now!

[More info](#)

Transitions, post schooling options

For students with a disability
Hosted by **Disability Connect** and presented by Lisa Martin

North Auckland

Wednesday 14th August 7-9pm

South Auckland

Wednesday 25th September 7-9pm

Central Auckland

Tuesday 22nd October 12-2pm

West Auckland

Wednesday 13th November 7-9pm

Central Auckland

Thursday 28th November 7-9pm

Email:

admin@disabilityconnect.org.nz
for more information and registrations

CAN YOU SUPPORT CHILDREN'S AUTISM FOUNDATION?

Donate to Children's Autism Foundation and every cent will go directly to supporting children with autism and their families. We are a small, lean team making a huge and positive impact in the lives of many. Many of our services are delivered at no cost to the family so even the smallest donation will make a difference in the life of a New Zealand child.

More information and registrations [here](#)

Upcoming workshops!!!

Great news!!! We are currently finalising community workshops in Central and South Auckland. **Dates and locations coming soon! Watch this space!**



If you are not already subscribed to receive our newsletters and workshop info [click here](#) or follow us on [Facebook](#)

Through Our Eyes Art Exhibition

Through Our Eyes is an art exhibition that has enabled our young people to shine!



CAF are honoured to support the incredible journey of these two students Nora Zhang and Elaine Wang, as they designed, planned, funded and launched the Through Their Eyes art exhibition. This is an incredible demonstration of youth supporting other young people and we can't wait to see what these talented students achieve next. Thank you to all our amazing CAF kids and families for taking the time to exhibit and to raise awareness of the talents of our young people.

The exhibition is on at Northart in Northcote until 24th July. FREE ENTRY!
www.northart.co.nz

Introducing our new General Manager

We are pleased to announce the appointment of Jo Sutton as our new General Manager.

Jo has been heading up the team in Finance/Admin and is thrilled to step up into the role, to lead CAF into a new & exciting period as we evolve to meet the growing needs of families and those engaging with children on the Autism Spectrum. Along with her friendly, collaborative style, Jo brings bundles of energy and enthusiasm to the role. Jo is Mum to three children, one of whom is on the autism spectrum and is passionate about providing information, support and encouragement to other parents & caregivers who are dealing with the daily challenges of caring for a child with autism.

Jo loves learning about all things "autism" so be sure to say hi and share with her what autism looks like in your life & family!

Support Children's Autism Foundation [here](#)

SibShops are back!

Parent to Parent brings you SibShop!
SibShop is all about kids aged 8-18 who have a brother or sister with a disability a chance to get to know others in similar circumstances and having some fun at the same time. Learn strategies, share stories, eat some food and finish the day with Clip n Climb!
Sat 27th July, 10am to 4.40pm
[REGISTER HERE](#)

Minds for Minds

Minds for Minds was established to enable parents and families to better understand how minds affected by autism spectrum disorder work. Under the Minds for Minds banner, researchers and clinicians work together to better understand autism spectrum disorder.

Keep up with latest Minds for Minds happenings by subscribing to their newsletter [here](#) or follow them on [Facebook](#)

Useful Websites

www.autism.org.nz
Children's Autism Foundation

www.autismnz.org.nz
Autism New Zealand
Support, information and education on Autism Spectrum Disorder

www.adhd.org.nz
ADHD Association

www.altogetherautism.org.nz
Altogether Autism

www.aucklanddyspraxia.org.nz
Dyspraxia Association

www.ccsdisabilityaction.org.nz
CCS Disability Action

www.dancetherapy.co.nz
Dance Therapy

www.disabilityconnect.org.nz
Disability Connect
Support groups
& disability related seminars

www.enrichplus.org.nz
Enrich+
Education, Employment,
Empowerment



Clip n Climb August session

Fun climbing sessions just for people with autism! From 4 years through to teenagers and adults - everyone welcome! Help your child gain confidence and overcome challenges while building up their social skills. We receive excellent feedback from families, and many parents and siblings join in climbing too – it's for the whole family!

Next session is Sunday 25th August 8.45am, \$22 per climber

[Click here](#) for more information and registrations.



Support our supporters!

Introducing Belt Buddi! Belt Buddi seat belt covers help do the explaining when your loved ones can't - in the event of an emergency the Belt Buddi will provide first responders with critical information. The Belt Buddi can be used on vehicle seat belts, backpacks, strollers and service dog leads.

When you purchase a Belt Buddi a whopping \$5 from every sale will be donated to Children's Autism Foundation!

[Find out more here](#)



www.ihc.org.nz

Idea Services
Library & info services

www.mapurastudios.org.nz

Mapura Studios
Art Group for Teens

www.parenttoparent.org.nz

Supporting parents & caregivers
of children with disabilities

www.phab.org.nz

Weekly social experiences
for young people with disabilities
16+

www.taikura.org.nz

(NASC Auckland)

www.talklink.org.nz

Talklink Trust

www.wandersearch.org.nz

WanderSearch NZ

www.yesdisability.org.nz

Yes Disability

Autism Stories - I Am Me

Themes of empowerment, support and acceptance are strong in our latest autism story. Read the full (and inspiring) story [here](#) in our new **Autism Stories** page.

We love to hear your stories, how our support has made a difference for your child and for your family, the small victories, the high-fives, the tiny achievements that are **HUGE** for your child.

Help us to encourage other families and to shine a light for others living with autism . Email us your story, whether long or short, eloquent or just a few simple words and we'll include in our [Autism Stories](#) page to show what autism really looks like in New Zealand



Children's Autism Foundation

Email: enquiry@autism.org.nz

Telephone: 09 415 7406

Office hours: 9am - 3pm Monday, Wednesday, Thursday

Postal:

PO Box 301 220

Albany 0752

Auckland

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