

# Autism Spectrum Knowledge Professional Development



Facilitated by Autism Specialists from Children's Autism Foundation

**ASK (Autism Spectrum Knowledge) training** is a series of professional development workshops designed to equip your team to understand and better support children, young people and adults on the Autism Spectrum.

The 2-hour workshops provide Autism information, practical strategies & resources along with plenty of time for questions and case studies. Workshops are based on best practice, evidence-based research and are proven to make a real difference!

## Module 1 - Understanding Autism:

What is Autism?

Diagnostic criteria? How to better support people with ASD

## Module 2 - Sensory Issues:

Understanding sensory issues

Practical tools & strategies to implement

## Module 3 - Dealing with Anxiety:

Defining Anxiety and Autism.

Practical strategies for managing anxiety.

## Module 4 - Social Skills & Communication:

Strategies to support and improve social skills & communication

Useful resources and visual aides

## Module 5 - Strategies for Behaviour

The triggers & functions of behaviour

Behaviour is communication. Creating an intervention plan.

### Children's Autism Foundation Facilitators:

**Emma Bartlett** - Speech & Language Therapist

**Jeanita Cush-Hunter** - Autism Specialist, Teacher

**Khadijah Sharif** - Autism Specialist

### Investment for 2021 training:

**Per Module** : 2 hour ASK Training = \$450 + GST, plus travel

**ASK 5 Module Package**: 2 hour ASK Training = \$1750 + GST, plus travel

\* Certificates of Completion provided to all participants who complete the ASK 5 Module Package

\* Individual observations/consultations/assessments available at \$120 per hour + travel

\* Support workers may be able to obtain IF funding to attend ASK workshops. Please contact us for further information.



For further information about A.S.K. Professional Development

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ASK is a division of the Children's Autism Foundation, NZ