

Autism Spectrum Knowledge Professional Development for mental health organisations

Facilitated by Autism Specialists from Children's Autism Foundation



ASK (Autism Spectrum Knowledge) training is a series of professional development workshops designed to equip your team to understand and better support children, young people and adults on the Autism Spectrum.

The 2-hour workshops provide Autism information, practical strategies & resources along with plenty of time for questions and case studies. Workshops are based on best practice, evidence-based research and are proven to make a real difference!

Module 1 - Understanding Autism:

What is Autism?

Diagnostic criteria? How to better support people with ASD

Module 2 - Sensory Issues:

Understanding sensory issues

Practical tools & strategies to implement

Module 3 - Dealing with Anxiety:

Defining Anxiety and Autism.

Practical strategies for managing anxiety.

Module 4 - Social Skills & Communication:

Strategies to support and improve social skills & communication

Useful resources and visual aides

Module 5 - Strategies for Behaviour

The triggers & functions of behaviour

Behaviour is communication. Creating an intervention plan.

Children's Autism Foundation Facilitators:

Emma Bartlett - Speech & Language Therapist

Jeanita Cush-Hunter - Autism Specialist, Teacher

Khadijah Sharif - Autism Specialist

Investment for 2021 training:

Per Module : 2 hour ASK Training = \$450 + GST, plus travel

ASK 5 Module Package: 2 hour ASK Training = \$1750 + GST, plus travel

* Certificates of Completion provided to all participants who complete the ASK 5 Module Package

* Individual observations/consultations/assessments available at \$120 per hour + travel

* Support workers may be able to obtain IF funding to attend ASK workshops. Please contact us for further information.



For further information about A.S.K. Professional Development

Contact: enquiry@autism.org.nz | 09 415 7406 |

www.autism.org.nz

ASK is a division of the Children's Autism Foundation, NZ