



# Online Parent/Carer Support Groups



Make yourself a coffee or tea and join us on **Zoom** for a virtual meet-up with parents and carers who are going through similar challenges and highlights as you.

This is a great place to share experiences, ask questions, discuss issues, and learn from each other.

Meet-ups are happening weekly and we have three different groups – there will be a group that feels right for you, wherever you are in your Autism journey.

## Upcoming meeting dates/times:

- **Tuesday 28th April 1pm**  
For parents & carers of younger children, children who have recently been diagnosed with ASD or anyone currently on the pathway to diagnosis.
- **Thursday 30th April 3.30pm**  
For parents & carers of primary aged children
- **Friday 1st May 3.30pm**  
For parents & carers of teenagers and adolescents

Email [enquiry@autism.org.nz](mailto:enquiry@autism.org.nz) to let us know which meeting you would like to attend and we will email you the meeting link.

## Never used **zoom** before?

Zoom is super easy, it takes you through a simple installation process when you click the meeting link. Please **phone us on 021 792 855** if you have any questions or email [enquiry@autism.org.nz](mailto:enquiry@autism.org.nz) if you wish to set up a “practice” meeting beforehand.

Groups are facilitated by our friendly & experienced Family Consultants, Arletta van den Bosch, Megan King and Emma Bartlett.



[www.autism.org.nz](http://www.autism.org.nz)  
[enquiry@autism.org.nz](mailto:enquiry@autism.org.nz)  
Ph. 09 415 7406